



To create an enjoyable, respectful experience for all, please observe:

Class Etiquette

- Upon arrival, please sign in
- Arrive with enough time to get set up with props and prepared for class
- Observe. Respect classmates who may be in quiet meditation before or after class
- No scents, perfumes. No shoes on practice floor
- Silence devices

Purchase Policies for classes and workshops

- Checks payable to Unity Yoga Center
- Reservations and purchases may be made after logging in online at:
<https://www.daynapinkerton.org/book-online>
regular classes are listed under Unity Yoga Center
special events and workshops are listed under Wellness Workshops
a small processing fee is associated with credit card purchases
- All sales are final. No refunds or transfers
- Please observe expirations

Questions? Please email Dayna at yoginidayna@gmail.com

Yoga Classes & Workshops

Founding Member	Monthly Unlimited	10 Class Card	5 Class Card
\$534	\$297	\$120	\$65
\$7.42 per class @3 classes/week	\$8.25 per class @3 classes/week	\$12 per class	\$13 per class
Valid for 6 months	Valid for 3 months	Valid for 12 weeks	Valid for 8 weeks
Unlimited classes + 4 free class passes	Unlimited classes = lower class rate	Good for a regular practice	Great for beginners

Single class drop-in \$15 Yoga asana private \$75 Workshops prices vary

Class and session reservations require a 24 hour cancellation notice to avoid being charged.

Single class reservations must be made up within 1 week.

Yoga Therapy

Consultation, 15 minutes FREE

Discuss & discover how yoga therapy and embodied practices can eliminate suffering, support your wholeness and well-being, and make you feel amazing.

Intake, 90 minutes, \$108

Begin here. This appointment allows us time to discuss your current condition, history, wellness goals and to set the foundation for success.

Single session, 60 minutes, \$90

Reduce stress and learn lasting skills from the vast body of yogic teachings. Sessions tailored to your learning style, pace and intention. No previous yoga experience necessary.

5 Pack, five 60 minute sessions, \$430

Save when you book 5 one- hour sessions. This option gives you a time-frame to hone in on a specific goal and to cultivate lasting shift.

